



VECOVA PROFESSIONAL SUPPORTS EDUCATION SERIES JANUARY - MARCH 2016

Community Disability Service providers **ARE INVITED** to learn more about specific disabilities and associated issues. All presentations will be located in the Vecova Seminar Room.

CLUSTER B PERSONALITY DISORDERS

January 29th, 9:00-10:30am, with Bill Angus, M.Sc., Reg. Psychologist

Cluster B personality disorders include the antisocial, borderline, histrionic, and narcissistic personality disorders, and these conditions can present huge challenges for care-givers and clinicians alike. This presentation will discuss these disorders in terms of their commonalities and differences, diagnostic criteria, prevalence, course and other features, and will look at approaches to management for care-givers. An opportunity will be provided for attendees to discuss their own experiences working with individuals who have been diagnosed with these conditions.

DEEP PRESSURE THERAPY

February 3rd, 10:00-12:00pm, with Irene Zhao, B.A. (Psych)

Deep pressure therapy (DPT) is a sensory integration therapy that applies surface pressure to the body for relaxing and calming effects and the improvement of balance and coordination by regulating the sensory system. In this workshop, we will learn about the different approaches of DPT and their effectiveness in supporting individuals with autistic spectrum disorder, attention deficit/hyperactivity disorder, fetal alcohol spectrum disorder, post-traumatic stress disorder, and other conditions.

BUILDING RESILIENCE

February 24th, 10:30-12:00pm, with Samantha Molen, B.S.W.

This presentation entails an exploration of courage and building resilience among people who support individuals with special and complex needs. In this workshop you will learn about what resilience means in this context, and how to cultivate it in yourself and promote it in others.

UNDERSTANDING DOWN SYNDROME

March 4th, 10:00-12:00pm, with Veena Prasad, M.A., Provisional Psychologist

Down syndrome, also called Trisomy 21, is a condition in which extra genetic material causes delays both in the mental and physical development of a person. In this workshop we will explore this in depth and understand some of the psychological and social challenges that individuals with Down syndrome face as well as ways we can support them to lead more fulfilling lives.

Register By Email at: TRAINADMIN@VECOVA.CA



VECOVA PROFESSIONAL SUPPORTS EDUCATION SERIES APRIL - JUNE 2016

Community Disability Service providers ARE INVITED to learn more about specific disabilities and associated issues. All presentations will be located in the Vecova Seminar Room.

INTELLECTUAL DISABILITY

April 1st, 9:00-10:30am, with Michelle Liam, B.Sc. (Psych)

This presentation will address the history, current definitions and distinctions in terminology among intellectual disability, developmental disability and developmental delay. Diagnostic criteria, sub-types, prevalence and associated features. Other mental disorders or mental conditions commonly co-occurring, will also be discussed. There will be an opportunity for questions.

AUTISM SPECTRUM DISORDER

May 20th, 10:00-11:30am with Zabrina Kwan, M.A., Provisional Psychologist

Autism spectrum disorder describes a range of conditions which are characterized by difficulties in social communication and social interaction. This diagnosis includes previous diagnoses of autistic disorder, Asperger's disorder, childhood disintegrative disorder, and pervasive developmental disorder-not otherwise specified. This presentation will discuss basic elements of this condition, the prevalence, course and approaches to treatment and support. There will be an opportunity at the end of the presentation for participants to ask questions and discuss situations involving their own clients who are diagnosed with Autism spectrum disorder.

BURN-OUT, COMPASSION FATIGUE, AND POSTTRAUMATIC STRESS DISORDER

June 29th, 9:00-12:00pm, with Tom Zaniecki, M.Sc., Registered Social Worker

This workshop will explore how burn-out, compassion fatigue, and PTSD diminish our ability to effectively take care of people with chronic and debilitating conditions, as well adequately take care of our own needs as care-givers. These three trauma-related conditions will be compared and contrasted with regard to origin, symptoms, treatment, management, and prevention.

Vecova's Professional Supports would like to hear from you. Are there topics you would like to see presented in an upcoming Education Series? If so, let us know at lsimpson@vecova.ca

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