

10 Fire Safety Tips

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1. Install and maintain smoke

- Smoke alarms warn you of a fire in time to let you escape.
- Install smoke alarms on each level of your home, especially near each sleeping area.
- Test smoke alarms regularly and follow the manufacturer's instructions.

2. Plan and practice your escape

- Prepare and practice a fire escape plan with every member of your household.
- Look for two ways out of each room.
- Arrange an outside meeting place and a safe location to call 9-1-1.
- If you live in a multi-storey building, in the event of fire, don't use elevators.

3. Space heaters need space

- Keep portable and space heaters at least 1 metre (3 feet) from anything that can burn.
- Never leave heaters on when you leave the house or go to bed.
- Keep children well away from heaters.

4. Smoking is hazardous

- Set up a designated smoking area outside with large, deep ashtrays, and soak the butts with water before dumping them in the trash.
- Ask smokers to take it outside to reduce the risk of indoor fires and protect

people from being exposed to harmful second-hand smoke.

- Smokers need watchers. Before going to sleep, check under and around sofa cushions and upholstered furniture for smouldering cigarettes.

5. Be careful when cooking

- Be alert when you cook, and keep children out of the way.
- Don't wear loose fitting clothing and be careful not to reach over hot burners.
- Never leave cooking unattended.
- If a pot catches fire, cover it with a lid to smother the flames and turn off the burner.
- Keep pot handles turned inward.

6. Matches and lighters are for adults

- Keep matches and lighters out of reach of children.
- Teach children that matches and lighters are only for adults.

7. Use electricity safely

- If an appliance smokes or smells like it is burning, unplug it immediately and have it repaired.
- Check all of your electrical cords and replace any that are cracked or frayed.
- Don't overload electrical outlets or run extension cords under rugs or carpets.
- Don't tamper with the fuse boxes or use fuses of improper size.

8. Cool a burn

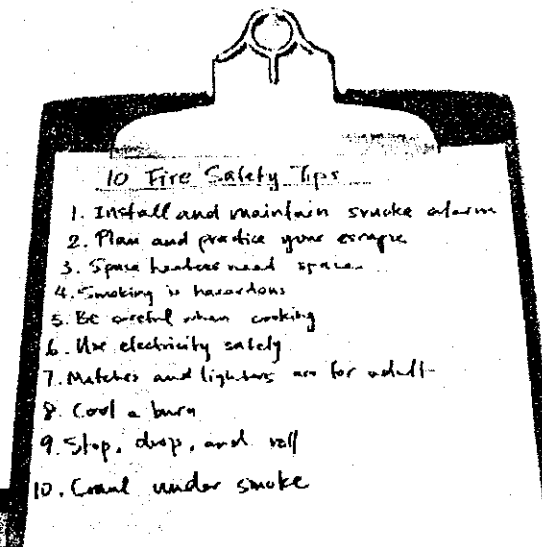
- If someone gets burned, immediately run cool water over the wound for 5 to 10 minutes to ease the pain.
- If the burn is blistered or charred, see a doctor immediately.

9. Stop, drop and roll

- If your clothes catch fire, don't run.
- Stop where you are,
- Drop gently to the ground,
- Cover your face with your hands to protect your face and lungs,
- Roll over and over until to the flames are smothered.

10. Crawl low under smoke

- If you get caught in smoke, the cleanest air will be near the floor.
- Get down on your hands and knees and crawl to the nearest safe exit.



Things to Remember

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- Cool a burn by running cool water over the wound for 5 to 10 minutes.
- Install and maintain smoke alarms.
- Be careful when cooking.
- Stop, drop and roll.
- Plan and practice your escape.
- Crawl low under smoke.
- Matches and lighters are for adults.
- Space heaters need space.
- Use electricity safely.
- Smoking is hazardous.



For the fire prevention office in your area, visit the City of Toronto's Web site at www.toronto.ca or call Access Toronto at 416-338-0338.

